

Tortilla soup

Nutrition Facts

Serving Size: 1 (454g)

Servings Per Container: 1

Amount Per Serving

Calories 350 Calories from Fat 100

% Daily Value*

Total Fat 11g **17%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 65mg **22%**

Sodium 2240mg **93%**

Total Carbohydrate 34g **11%**

Dietary Fiber 9g **36%**

Sugars 13g

Protein 34g

Vitamin A 110% • Vitamin C 230%

Calcium 20% • Iron 35%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: CHICKEN STOCK (CHICKEN, WATER, CARROTS, CELERY, ONIONS, SALT, PEPPER), CRUSHED TOMATOES (TOMATOES, TOMATO PUREE, SALT, CITRIC ACID), SCALLIONS, CHICKEN, PEPPERS, CHILI, GREEN, CANNED, RED PEPPERS, SQUASH, ZUCCHINI, BABY, RAW, CHILI POWDER, OLIVE OIL, EXTRA VIRGIN, GARLIC, KOSHER SALT, BLACK PEPPER (GROUND, COARSE), CUMIN

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