Stir-Fried Chicken & Vegetables

Nutrition Facts

Serving Size: 1 (340g) Servings Per Container: 1

Amount Per Serving				
Calories 220	Ca	ories fro	m Fat 70	
		% Dai	ly Value*	
Total Fat 8g			12%	
Saturated Fat 1.5	5 g		8%	
Trans Fat 0g				
Cholesterol 100	mg		33 %	
Sodium 720mg			30%	
Total Carbohyd	rate 1	3g	4%	
Dietary Fiber 5g			20%	
Sugars 6g				
Protein 26g				
Vitamin A 60%	•	Vitamir	C 190%	
Calcium 6%	•		Iron 10%	
* Percent Daily Values are daily values may be hig calorie needs:		,		
C	alories:	2.000	2.500	

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
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INGREDIENTS: CHICKEN THIGHS, MEAT ONLY, SKINLESS, BAMBOO SHOOTS, RAW, RED PEPPERS, BROCCOLI, SCALLIONS, CABBAGE, SOY SAUCE, RICE VINEGAR, CANOLA OIL, GARLIC, GINGER, SAMBAL OELEK

WHAT'S FOR SUPPER, INC. 120 GREENE STREET HUNTSVILLE, AL 35801