

# Paleo Shepherd's Pie

## Nutrition Facts

Serving Size: 1 package (340g)

Servings Per Container: 1

### Amount Per Serving

**Calories** 300      Calories from Fat 120

### % Daily Value\*

**Total Fat** 14g      **22%**

Saturated Fat 4g      **20%**

Trans Fat 0g

**Cholesterol** 70mg      **23%**

**Sodium** 590mg      **25%**

**Total Carbohydrate** 19g      **6%**

Dietary Fiber 6g      **24%**

Sugars 9g

**Protein** 28g

Vitamin A 40%      •      Vitamin C 210%

Calcium 8%      •      Iron 30%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: GROUND BEEF, CAULIFLOWER, CELERY, TOMATOES, RED PEPPERS, GREEN PEPPERS, SCALLIONS, TOMATO PASTE, OLIVE OIL, EXTRA VIRGIN, GARLIC, BLACK PEPPER, KOSHER SALT, NUTMEG, CINNAMON, DRY MUSTARD

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