Mongolian Beef & Roasted Zucchini

Nutrition Facts Serving Size: 1 (340g) Servings Per Container: 1			
Amount Per Serving			
Calories 260	Ca	lories fro	m Fat 80
% Daily Value*			
Total Fat 9g		14%	
Saturated Fat 2.5g			13%
Trans Fat 0g			
Cholesterol 7		25%	
Sodium 980mg 41 %			
Total Carbohydrate 12g4%			
Dietary Fiber 3g 12			12%
Sugars 5g			
Protein 32g			
Vitamin A 15%	٠	Vitamin C 45%	
Calcium 8%	•		Iron 25%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate Dietary Fiber		300g 25g	375g
		zuy	30g

INGREDIENTS: ROUND STEAK, ZUCCHINI, SCALLIONS, BAMBOO SHOOTS, CANNED, DRAINED SOLIDS, CHICKEN STOCK (CHICKEN, WATER, CARROTS, CELERY, ONIONS, SALT, PEPPER), EGG WHITE, SOY SAUCE, DRY SHERRY, OLIVE OIL, EXTRA VIRGIN, GARLIC, SAMBAL OELEK, KOSHER SALT, BLACK PEPPER

WHAT'S FOR SUPPER, INC. 120 GREENE STREET HUNTSVILLE, AL 35801