

Meatballs Marinara with Cauliflower

Nutrition Facts

Serving Size: 1 package (340g)
Servings Per Container: 1

Amount Per Serving

Calories 290 Calories from Fat 140

% Daily Value*

Total Fat 16g	25%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 165mg	55%
Sodium 590mg	25%
Total Carbohydrate 9g	3%
Dietary Fiber 3g	12%
Sugars 3g	

Protein 30g

Vitamin A 15%	•	Vitamin C 70%
Calcium 8%	•	Iron 30%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: GROUND BEEF, CAULIFLOWER, ZUCCHINI, TOMATOES, EGG, OLIVE OIL, EXTRA VIRGIN, PARSLEY, GARLIC, BLACK PEPPER, CUMIN, KOSHER SALT, ONION POWDER, OREGANO, THYME

CONTAINS: EGG

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