Curry Ginger Beef

Nutrition Facts Serving Size: 1 (340g) Servings Per Container: 1 Amount Per Serving Calories 320 Calories from Fat 180 % Daily Value* Total Fat 20g 31% Saturated Fat 3g 15% Trans Fat 0g Cholesterol 70mg 23% Sodium 520mg 22% Total Carbohydrate 9g 3% Dietary Fiber 2g 8% Sugars 3g Protein 28a Vitamin A 25% Vitamin C 15% Iron 25% Calcium 6% * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: ROUND STEAK, TRIMMED, ASPARAGUS, LEEKS, CANOLA OIL, KOSHER SALT, BLACK PEPPER, GINGER, CURRY POWDER

WHAT'S FOR SUPPER, INC. 120 GREENE STREET HUNTSVILLE, AL 35801