Coq au Vin Spaghetti Squash

Nutrition Facts Serving Size: 16 oz. (454g) Servings Per Container: 1			
Amount Per Serving			
Calories 330	Ca	lories fro	m Fat 50
% Daily Value*			
Total Fat 6g			9%
Saturated Fat 0.5g			3%
Trans Fat 0g			
Cholesterol 85mg			28 %
Sodium 210mg			9 %
Total Carbohydrate 24g8%			
Dietary Fiber 5g			20%
Sugars 12g	-		
Protein 39g			
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Vitamin A 220%	•	Vitam	in C 90%
Calcium 6%	•		Iron 20%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium Total Carbohydrate	Less than	2,400mg 300g	2,400mg 375g
Dietary Fiber		300g 25g	375g 30g
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INGREDIENTS: CHICKEN, MUSHROOMS, CARROTS, RED WINE, RED BELL PEPPERS, CHICKEN STOCK, TOMATO PASTE, SPAGHETTI SQUASH, ONION, GARLIC, SHALLOTS, EXTRA VIRGIN OLIVE OIL, THYME

WHAT'S FOR SUPPER, INC. 120 GREENE STREET HUNTSVILLE, AL 35801