Chicken Florida

Nutritio Serving Size: 1 (340 Servings Per Contai)g)		
Amount Per Serving	9		
Calories 200	Ca	Calories from Fat 45	
		% Daily Value*	
Total Fat 5g		8%	
Saturated Fat 0g		0%	
Trans Fat 0g			
Cholesterol 65mg	g	22%	
Sodium 460mg		19%	
Total Carbohydra	ate 9	g 3 %	
Dietary Fiber 4g		16%	
Sugars 5g			
Protein 30g			
Vitamin A 120%	•	Vitamin C 190%	
Calcium 6%	•	Iron 15%	

daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25q Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg

300g

25g

375q

30g

* Percent Daily Values are based on a 2,000 calorie diet. Your

INGREDIENTS: BONELESS SKINLESS BREAST, RED CHICKEN PEPPERS. CAULIFLOWER, SPINACH, ONIONS. GREEN, TOPS YOUNG ONLY, BROCCOLI, FLOWER CLUSTERS, RAW, MUSHROOMS, TARRAGON, OLIVE OIL. EXTRA VIRGIN, KOSHER SALT, THYME

WHAT'S FOR SUPPER, INC. 120 GREENE STREET HUNTSVILLE, AL 35801

Total Carbohydrate

Dietary Fiber