Chicken Cacciatore

Nutrition Facts

Serving Size: 1 (340g)
Servings Per Container: 1

Amount Per Serving

Calories 220	Calories from Fat 20
	% Daily Value*
Total Fat 2.5g	**4**%
Saturated Fat 0g	**0**%
Trans Fat 0g	
Cholesterol 65mg	**22**%
Sodium 160mg	**7**%
Total Carbohydrate 14g	**5**%
Dietary Fiber 4g	**16**%
Sugars 7g	
Protein 30g	

Vitamin A 50%	•	Vitamin C 150%
Calcium 8%	•	Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: BONELESS SKINLESS CHICKEN BREAST, DICED PLUM TOMATOES NO SALT ADDED, RED PEPPERS, RED WINE, MUSHROOMS, PEPPERS, SERRANOS, CHICKEN STOCK , SCALLIONS, GARLIC, BASIL, CAPERS , RED PEPPER FLAKES, THYME, ROSEMARY

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