

# Chicken Breast & Broccoli Strascinnati

## Nutrition Facts

Serving Size: 1 (340g)

Servings Per Container: 1

### Amount Per Serving

**Calories** 160

Calories from Fat 15

**% Daily Value\*****Total Fat** 2g

**3%**

Saturated Fat 0g

**0%**

*Trans* Fat 0g

**Cholesterol** 65mg

**22%**

**Sodium** 770mg

**32%**

**Total Carbohydrate 7g**

**2%**

Dietary Fiber 3g

12%

Sugars 1g

**Protein** 28g

Vitamin A 50%

Vitamin C 120%

Calcium 4%

Iron 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: CHICKEN TENDERS,  
BROCCOLI, LEMON JUICE, GARLIC,  
KOSHER SALT, PAPRIKA, RED PEPPER  
FLAKES

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