

Beef Brisket & Zucchini

Nutrition Facts

Serving Size: 12 oz (340g)

Servings Per Container: 1

Amount Per Serving

Calories 380 Calories from Fat 200

% Daily Value*

Total Fat 22g **34%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 105mg **35%**

Sodium 770mg **32%**

Total Carbohydrate 11g **4%**

Dietary Fiber 3g **12%**

Sugars 6g

Protein 37g

Vitamin A 25% • Vitamin C 70%

Calcium 8% • Iron 30%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: BEEF BRISKET, ZUCCHINI, SQUASH, TOMATOES, SCALLIONS, OLIVE OIL, EXTRA VIRGIN, PARSLEY, GARLIC, KOSHER SALT, THYME, BLACK PEPPER

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